



Social-Emotional Coach (SEC) Program

BTPS Social-Emotional Coaches are available to provide students, their families, and school staff with social, emotional and behavioural support. SECs use researched-based, individual-centred, inclusive, and trauma-informed approaches to ensure all students who are receiving services are safe and supported in effective ways.

Students are referred to the program generally by school staff or by parent request. Students may initiate one visit with the SEC, additional visits require permission from parent(s)/guardian(s) and the SEC.

Common reasons students are referred to the SEC program are:

- Emotional Concerns: self-esteem, self-control, managing emotions, grief and loss, stress, changes, coping skills, etc.
- Social Concerns: problem-solving, social skills, communication, relationships with friends/peers, etc.
- Family Concerns: divorce or separation, parent-child conflict, sibling conflict, etc.
- School-Based Concerns: transition to a new school, study skills, exam stress, etc.

In the case where students require support beyond the SEC program scope, appropriate referral information will be provided to parents/guardians and/or school staff.

Social-Emotional Coaches may facilitate a number of other services and supports, including consultation with multidisciplinary teams; student, family, staff, and/or small group facilitation; and school staff professional development.

Please contact Student Support Facilitator, Kari Thompson, or Director of Inclusive Learning, Crystal Tower to request these supports.

The SEC program provides short-term skill and strategy development to enhance student well-being.

Social-Emotional Coaches help to grow students', families' and teachers' capacity in the area of social-emotional skills.

If you would like more information about the Social-Emotional Coach Program, please contact one of the following at your school:

Principal, Assistant Principal, Inclusive Learning Teacher, or Social-Emotional Coach.
<https://www.btps.ca>

SEC Contact Information:

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(Student Support Facilitator)

Crystal Tower: crystal.tower@btps.ca
(Director of Inclusive Learning)

The SEC Team



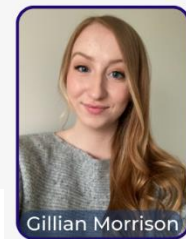
- J.R. Robson School
- Mannville School
- Vermilion Elementary School



- J.R. Robson School
- Vermilion Elementary School



- Irma School
- Wainwright Elementary School
- Wainwright High School



- Dr. Folkins Community School
- E.H. Walter School
- Wainwright Elementary School
- Wainwright High School



- Kitscoty Elementary School
- Kitscoty Junior/Senior High School



- Amisk
- Edgerton
- Hughenden
- Provost



- Dewberry School
- Innisfree Delnorte School
- Marwayne Jubilee School
- Vermilion Outreach Centre
- Students Online

Immediate Help and Information

- Addiction Helpline..... 1-866-332-2322
- Briteline - LGBTQ2+ Support Line..... 1-844-70-BRITE or text: 27483
- Community Resources..... 211 Alberta
- Crisis Services/Suicide Prevention..... 1-833-456-4566 or text:45645
- Crisis Text Line..... Text CONNECT to 741741
- Emergency..... 911
- Family Violence..... 310-1818
- Indian Residential School Survivors and Family, IRSS..... 1-866-925-4419
- Indigenous Hope for Wellness Line..... 1-855-242-3310
- Kids Help Phone..... 1-800-668-6868 or text CONNECT to 686868
- Mental Health Helpline..... 1-877-303-2642