

SOCIAL-EMOTIONAL LEARNING

"An education that promotes SEL has a positive impact on a wide range of outcomes, including academic performance, healthy relationships, mental wellness, and more." (CASEL, 2022)



CONTACT INFORMATION:

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- Leah Paul:
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- Stacie Bakken:
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- Kari Thompson (Student Support Facilitator):
 - kari.thompson@btps.ca
- Crystal Tower (Director of Inclusive Learning):
 - crystal.tower@btps.ca



ADDITIONAL SERVICES

Social-Emotional Coaches may facilitate a number of other services and supports, including consultation with multidisciplinary teams; student, family, staff, and/or small group work; and school staff professional development.

Please contact Student Support Facilitator, Kari Thompson, or Director of Inclusive Learning, Crystal Tower to request these supports.



For Immediate Mental Health Help or Resources:

- Find programs and services (Alberta):
 - Call 211 or text INFO to 211
- AHS Mental Health Help Line
 - 1-877-303-2642
- Talk Suicide Canada Support Line
 - 1-833-456-4566 or text 45645
- Kids Help Phone
 - 1-800-668-6868 or text CONNECT to 686868
- In case of Emergency call 911



SOCIAL-EMOTIONAL COACH (SEC) PROGRAM

The SEC program provides short-term skill and strategy development to enhance student well-being.

Social-Emotional Coaches help to grow students', families' and teachers' capacity in the area of social-emotional skills.



THE SEC PROGRAM

BTPS Social-Emotional Coaches are available to provide students, their families, and school staff with social, emotional and behavioural support. SECs use researched-based, individual-centred, inclusive, and trauma-informed approaches to ensure all students who are receiving services are safe and supported in effective ways.

Students are referred to the program generally by school staff or by parent request. Students may initiate one visit with the SEC; additional visits require consent from parent(s)/guardian(s) and the SEC.

Common reasons students are referred to the SEC program are:

Emotional Concerns: self-esteem, self-control, managing emotions, grief and loss, stress, life changes, coping skills, etc.

Social Concerns: problem-solving, social skills, communication, relationships with friends/peers, etc.

Family Concerns: divorce or separation, parent-child conflict, sibling conflict, family relocation, etc.

School-Based Concerns: transition to a new school, study skills, exam stress, organization, time management, etc.

In the case where students require support beyond the SEC program scope, appropriate referral information will be provided to the students, parents/guardians and/or school staff.

THE SEC TEAM



Amy Badry Olobayo

- J.R. Robson School
- Mannville School



Cassie Digness-Melnechenko

- Kitscoty Elementary School
- Vermilion Elementary School



Gillian Morrison

- Dr. Folkins Community School
- E.H. Walter School
- Wainwright Elementary School
- Wainwright High School



Janet Flynn

- Irma School
- Wainwright Elementary School
- Wainwright High School



JoAnne Flath

- Dewberry School
- Innisfree Delnorte School
- Marwayne Jubilee School
- Buffalo Trail Learning Hub



Leah Paul

- Kitscoty Elementary School
- Kitscoty Junior/Senior High School



Stacie Bakken

- Amisk School
- Edgerton Public School
- Hughenden School
- Provost Public School



Kari Thompson

- Student Support Facilitator

Buffalo Trail Public Schools is committed to maximizing student learning, in a safe and caring environment, supported by a highly effective team.

